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KICK START MARTIAL ARTS - PAUL AND KELLIE SISK

1565 CLIFF RD - #7

EAGAN, MN 55122

651-688-0558; WWW.KICKSTARTEAGAN.COM

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Mondays

Heroes 5:00

Junior TKD - White Belts 5:30

Junior TKD - Yellow, Green, Blue Belts 6:00

Junior TKD - Brown, Red, Black Belts, and ADULTS 6:30

Kick Start Kick Boxing 7:15

Tuesdays

Heroes 5:00

Junior TKD - White Belts 5:30

Junior TKD - Yellow, Green, Blue Belts 6:00

Junior TKD - Brown, Red, Black Belts, and ADULTS 6:30

LifeFlow Fusion Yoga 7:15

Wednesdays

Heroes 5:00

Junior TKD - White Belts 5:30

Junior TKD - Yellow, Green, Blue Belts 6:00

Junior TKD - Brown, Red, Black Belts, and ADULTS 6:30

Kick Start Kick Boxing 7:15

Thursdays

Lil' STARS 5:00

Junior TKD - White Belts 5:30

Junior TKD - Yellow, Green, Blue Belts 6:00

Junior TKD - Brown, Red, Black Belts, and ADULTS 6:30

Lil' Stars:

Ages: 2 - 4 1/2

Heroes:

Ages: 4 1/2 - 7

Junior TKD:

Ages: 7 - 12

Adult TKD, Kick Boxing, Yoga:

Ages: Teens and Adults

July Events:

***Closed July 4 - 6**

