



KICK START MARTIAL ARTS - PAUL AND KELLIE SISK
1565 CLIFF RD - #7
EAGAN, MN 55122
651-688-0558; WWW.KICKSTARTEAGAN.COM
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Mondays

Heroes 5:00
Junior TKD - White Belts 5:30
Junior TKD - Yellow, Green, Blue Belts 6:00
Junior TKD - Brown, Red, Black Belts, and ADULTS 6:30
Kick Start Kick Boxing 7:15

Tuesdays

Heroes 5:00
Junior TKD - White Belts 5:30
Junior TKD - Yellow, Green, Blue Belts 6:00
Junior TKD - Brown, Red, Black Belts, and ADULTS 6:30
LifeFlow Fusion Yoga 7:15

Wednesdays

Heroes 5:00
Junior TKD - White Belts 5:30
Junior TKD - Yellow, Green, Blue Belts 6:00
Junior TKD - Brown, Red, Black Belts, and ADULTS 6:30
Kick Start Kick Boxing 7:15

Thursdays

Lil' STARS 5:00
Junior TKD - White Belts 5:30
Junior TKD - Yellow, Green, Blue Belts 6:00
Junior TKD - Brown, Red, Black Belts, and ADULTS 6:30

Lil' Stars:

Ages: 2 - 4 1/2

Heroes:

Ages: 4 1/2 - 7

Junior TKD:

Ages: 7 - 12

Adult TKD, Kick Boxing, Yoga:

Ages: Teens and Adults

August Events:

- *Closed - Tue. Aug. 1st
- *Picnic - Thur. Aug. 10th
- *TESTING -
Mon. Aug 21st - Thur. Aug. 24th
- *Closed -
Mon. Aug. 28th - Mon. Sept. 4th

