



Kick Start Martial Arts and Fitness
1565 Cliff Rd. - Eagan
651-688-0558; www.kickstarteagan.com

Winter 2020 Class Schedule
New Schedule Starts MON. JAN. 6, 2020

MONDAY

Heroes	6:00pm-6:30pm
ALL White - Brown Belts	6:30pm-7:00pm
ALL Red - 2nd Degree Black Belts	STARTS at - 7:00pm
ALL Red Belts	Dismissed at - 7:45pm
Jr Black Belts	Dismissed at - 8:00pm
1st, 2nd Degree Black Belts	Dismissed at - 8:15pm

TUESDAY

Heroes	6:00pm-6:30pm
ALL White - Brown Belts	6:30pm-7:00pm
ALL Red - 2nd Degree Black Belts	STARTS at - 7:00pm
ALL Red Belts	Dismissed at - 7:45pm
Jr Black Belts	Dismissed at - 8:00pm
1st, 2nd Degree Black Belts	Dismissed at - 8:15pm

WEDNESDAY

ALL White - 2nd Degree Black Belts	6:00pm-6:45pm
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THURSDAY

ALL White - Brown Belts	6:00pm-6:30pm
ALL Red - 2nd Degree Black Belts	STARTS at - 6:30pm
ALL Red Belts	Dismissed at - 7:15pm
Jr Black Belts - 1st, 2nd Degree Black Belts	Dismissed at - 7:30pm
LifeFlow Fusion Yoga	7:30pm-8:30pm

SATURDAY

Lii' STARS	9:30am-10:00am
ALL White - 2nd Degree Black Belts	10:00am-10:45am